

Editor: Henny van Dijk

www.uthro.org

September, 2022

Three Big Events —The Endowment Award, The Dyer Lecture, and..

On **Tuesday, September 13**, UTHRO will host a meeting to award a \$7,000 seed grant to support gerontology-focused studies by a junior faculty investigator.

. Our partner, the Consortium on Aging, sent out requests for proposals. Those received will be reviewed by a UTHRO committee, and the top submissions will be selected. The principal investigators of those top submissions will be invited to present a summary of their proposal to the membership attending. The members may ask questions and will then vote on the top submission, and the award will be presented. The award is from the interest generated by the Endowment and is made possible by contributions from you, UTHRO members. Please plan to come to the meeting to see what your money is doing to contribute to advancements in geriatrics.

The meeting will be held in the Rio Grande Room at OCB with plenty of free parking. The presentations will begin at 10:30 a.m. A light lunch will be provided to attendees. Reply to Gill Rittman gillianrittman@gmail.com or call/text 713-542-1865 to let her know you will be at the endowment presentations by Sept 9th (so we will have an idea for how much food to get.) Your participation is important! Hope to see you there!

Texas Modernism(s): Houston/Dallas in the 1930s

An Exhibition at the Julia Ideson Building of Houston Public Library

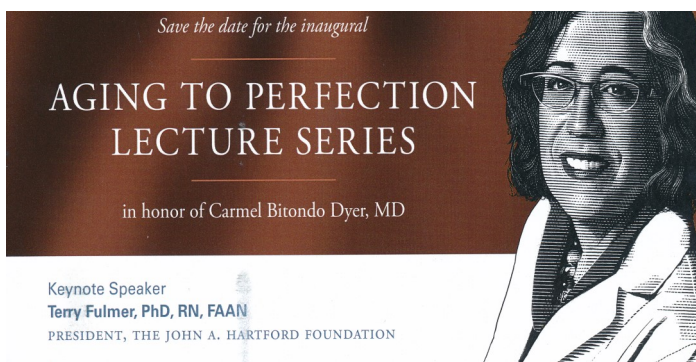
Tuesday, September 27, 2022

During the 1930s, even as the depression dug in and the dust bowl blew, art flourished in Texas, and Modernism, that most current of art movements at the time, made its way to the Lone Star State. But Texas is vast and varied, so the Modernism(s) that took root in the major cities and academic centers in the state was varied too.

In Houston and Dallas, Modernism became the central focus for two small groups of local artists, made up mostly of youngsters, along with their forward-looking mentors – in Houston, the Cherry-McNeill Group, and the Dallas Nine up north. Though not even 250 miles apart, the approaches to Modernism of the two groups in the two cities were markedly different, and were in some respects a microcosm of the different paths to Modernism on the national level.

Including over 70 paintings from private collections and The Museum of Fine Arts, Houston, the exhibition explores the looks and philosophical underpinnings of two seminal aspects of the art history of Texas, which strongly influenced later developments in their two cities, as well as the state in general. At the same time, the exhibition demonstrates that Modernism, when it came to America, was not limited exclusively to the art centers of the East and that it was not a single thing, even in a relatively contained region such as Texas. It was, rather a liberating force that could take its disciples along markedly different routes toward the shared ideal of creating a modern art for America. *Randy Tibbits, Art Historian and UTHRO member*

We have the precinct bus reserved for Tuesday Sept 27. Pick up at OCB at 10 am, Randy Tibbits will give us a tour of the art exhibit at the Ideson Building downtown then lunch at Treebeards and back to OCB by 2 pm. . Let Gill Rittman know you will be on the tour by September 22. 713-542-1865 or email gillianrittman@gmail.com



Save the date for the inaugural

AGING TO PERFECTION LECTURE SERIES

in honor of Carmel Bitondo Dyer, MD

Keynote Speaker
Terry Fulmer, PhD, RN, FAAN
PRESIDENT, THE JOHN A. HARTFORD FOUNDATION

The inaugural presentation of this lecture series in honor of Carmel Dyer, MD will take place on Thursday September 15 at the Briar Club on 2603 Timmons Lane. To register visit go.uth.edu/dyerlecture or call 713-500-3040

The keynote speaker will be Terry Fulmer, PhD, RN, President of the John Hartford Foundation dedicated to improving the care of older adults. Established in 1929, the Foundation has a current endowment of more than half a billion dollars. She serves as the chief strategist for the Foundation and her vision for better care of older adults is catalyzing the Age-Friendly Health Systems social movement.

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The 2022 TSHL Resolutions ...



The forwarded material will interest you and other members, I am sure. All of the Resolutions, you see here will be taken forth to the members Representatives and stressed the importance to them as we continue to press harder to see these articles of importance passed into Bills when the new State Legislators are seated in January, 2023. Members of the Silver Haired Legislature will proceed now to interest them in these issues. As many of the UTHRO members will know I have been an active member of the Texas Silver Haired Legislature and now am in my 10th term. I also have the honor of being a Founding Member of UTHRO with my dear departed spouse, Joe Streckfuss. Long memories continue. I look forward to being able to attend the next meeting.

Betty Streckfuss

Top Ten Resolutions Adopted by TSHL in May 2022

- #1 **R003**—Increase the Personal Needs Allowance for Medicaid Residents in Nursing Homes.
- #2 **RO41**—Child Related Income Follows the Child
- #3 **RO46**—Increase the Readability of the Application and Vote by Mail Documentation to Reduce Rejection Rate
- #4 **RO24**—Authorize TRS to provide a Cost of Living Adjustment to Teacher Retirement System Retirees
- #5 **RO01**—Require a Criminal Background Check for CNA's and LVN's in Nursing Homes and Home Health Companies
- #6 **RO22**—Authorize a 13th Month Annuity Payment to Employees Retirement System Retirees
- #7 **RO42**—Amend Family Code to Provide for a Grand parent Conservatorship and Support Bill
- #8 **RO37**—Improve Access to Healthcare in Rural Texas for Older Texans
- #9 **RO08**—Establish Full Practice Authority for Advanced Practice Registered Nurses
- #10 **RO09**—Increase the Maximum Rate of Home Delivered Meals for Older Texans to \$10.00 with an Annual Cost of Living Adjustment

The next step in the process is to print the *Legislative Report* which contains the text of all adopted resolutions. The LR will be distributed electronically to the Governor, Lt. Governor, all current Texas Legislators, AAA Directors, and members of TSHL. On September 8, 2022, TSHL members will visit the Capitol to personally distribute printed copies of the *Report*.

Cizik School of Nursing turns 50...



Calling all Cizik School of Nursing retirees! Reconnect with your former colleagues at the school's **50th Anniversary Gala on October 14 at Hotel ZaZa in the Museum District**. Join us for dinner, fellowship, and maybe even dancing. Enjoy a short program of speakers, and

peruse a historical display. You may purchase tickets at <https://go.uth.edu/Cizik50>.

Sherri Green



Friday, October 14, 2022
6 pm to 10 pm

Hotel Zaza Museum District
5701 Main Street
Houston, Texas 77005

Semi-formal attire | Valet parking only*

Ticket cost \$75 per person

**the cost of valet is covered in the purchase of a ticket*

If you choose to stay at Hotel Zaza, please call 713-526-1991 during business hours and mention UTHealth Houston for a special rate.

October 20

The Return of
UTHRO's Health Symposium



After a 2 year hiatus due to Covid we will have a Health Symposium this year. We are still in the process of recruiting organizations that would like to talk to you or

tests that can find out if you might need to see a doctor. We do have the commitment of three speakers and the City's Health Department will send people to give Flu shots and/or Covid Booster shots. More info in October Evergreen. Put this date on your calendar..

Message from the President...

As we enter this Fall season, I want to update you on some of the changes that the UTHRO Executive Committee has made.

First, we have initiated a new **Life Member** category for our members who have been retired twenty-five years or more. This designation entitles them to continue their membership at no cost. We are in the process of identifying all members who have retired 25 years or more and will recognize them at our Annual meeting on November 10, 2022. The "Members for Life" will be notified and will not have to pay the membership dues for 2023.

Second, we propose to revise the UTHRO Bylaws, ARTICLE IV – Officers and Elections, Section C as follows: Officers shall be elected for a two-year term and may also be re-elected for an additional consecutive two-year term. Their terms of office shall begin on January 1 following the election. ***The Treasurer will be elected by the membership, but the term of service will be at the discretion of the President.*** The revision is requested because the Treasurer position is one of the most complex and time-consuming positions of the Executive Committee. Changing the individual requires new bank documents and training. It would be advantageous to the organization to maintain continuity and keep the individual until they wish to step down or until they can no longer perform the duties of the position. At that time, a new Treasurer would be appointed by the President until the next election period. Per the Bylaws, this revision must be approved by the UTHRO members. We will request your decision at the annual meeting in November.

I'm looking forward to seeing you all at our upcoming events.

Kathy Bradley, President UTHRO

And Now for the Rest of the Story

American Gothic is a 1930 painting by Grant Wood. Wood was inspired to paint what is now known as the *American Gothic* House in Eldon, Iowa, along with



"the kind of people [he] fancied should live in that house". It depicts a farmer standing beside his daughter – often mistakenly assumed to be his wife. The painting's name is a word play on the house's architectural style, Carpenter Gothic. The figures were modeled by Wood's sister Nan Wood Graham and their dentist Dr. Byron McKeeby.

A Very Personal Odyssey ...

Eerste bruid uit Overvecht



I hope you will allow me some personal observations of the past month as my wife Joke (Yoka) and I celebrated our diamond anniversary on July 28 2022.

We got married on July 28 1962 at City Hall in Utrecht, The Netherlands and for the next 6 years our family grew to 4 people with the births of our son Stef and daughter Monique.

In 1968 we got a chance to immigrate to the US and lived for 4 years in Durham, NC, trying to get the hang of American cus-

tomms and of course the language. My work at Duke's Audio-visual Dept. was a great way to learn about life in a quiet, town known for its tobacco economy.

In 1972 I got the wonderful challenge to start a photographic, motion picture group at a brand-new Medical School in the Dept. of Biomedical Communications and so we moved further West, even further away from Homebase and family. But we discovered tennis, hockey and Joke found a job so the need for a driver's license.

My work was extremely rewarding dealing with Faculty, patients and academic /research challenges working with a large number of physicians and medical breakthroughs. We have lived in this town for 50 years and gathered a large number of friends so 32 of them joined us for the celebration.



Photo by Katy Anderson

Sixty years of marriage is (when we were in our early twenties at the start) hard to comprehend and with the major changes in our lifestyle from Dutch to Texan quite an accomplishment. We are hoping for more years in our future in good health and above all a great sense of humor.

UTHRO

The University of Texas Houston Retiree Organization
5827 White Clover Dr.
Richmond, TX 77469

To update your address or phone number
please contact us at **281-655-1983**

And Now For Something Completely Different... Ten Commandments for a Long & Peaceful Life:

1. Thou shalt not worry, for worry is the most unproductive of all human activities.
2. Thou shalt not be fearful, for most of the things we fear never come to pass.
3. Thou shalt face each problem as it comes. You can handle only one at a time.
4. Thou shalt not cross bridges before you get to them, for no one yet has succeeded in accomplishing this.
5. Thou shalt not take problems to bed with you, for they make very poor bedfellows.
6. Thou shalt not borrow other people's problems. They can take better care of them than you can.
7. Thou shalt be a good listener, for only when you listen do you hear ideas different from your own. It's very hard to learn something new when you're talking.
8. Thou shalt not try to re-live yesterday for good or ill—it is gone. Concentrate on what is happening in your life today.
9. Thou shalt not become bogged down by frustration, for 50 percent of it is rooted in self-pity and will only interfere with positive actions.
10. Thou shalt count thy blessings, never overlooking the small ones—for a lot of small blessings add up to a big one.

UTHRO OFFICERS 2022

President Kathryn Bradley
Vice-Pres Barbara Kelly
Secretary Daun Gray
Treasurer Margaret Zambrano

Web Administrators Henny van Dijk, Pat Grealy & Glenn Schreyer

To protect our officers' personal information on our website, UTHRO has instituted a new general purpose email address: uthro@uth.tmc.edu. This is a "forwarding" email that will send copies to both the UTHRO president and Efren Pena who will then forward the email to the appropriate person. Including the recipient's name in your subject will be very helpful; e.g. Subject: For Barry, BBQ lunch. If UTHRO members already know the phone number or personal email address of an officer then by all means continue using that for your communication needs.

Newsletter Editor Henny van Dijk